

DR. ERIC GRIGGS

CAPABILITY STATEMENT



BACKGROUND

Eric Griggs, M.D., is the founder and CEO of Doc Griggs Enterprises, LLC (DGE). DGE employs a highly skilled team of public health professionals who work to create health programs that improve the health outcomes of members of the community. Rooted in the values of *Accountability, Innovation, Collaboration, and Communication*, “Doc” Griggs and his team specialize in increasing health literacy and access to health services for communities, regardless of socioeconomic status. Ultimately, it is the goal of Doc Griggs and DGE to support the development of health education programming that is competent in effective strategies to empower communities, improve health and reduce health disparities.

CORE COMPETENCIES

DGE supports communities through a set of diverse core competencies that allow the team to support all communities, utilizing comprehensive health promotion strategies. As a framework for how DGE designs and implements programs, the focus is on evidence-based best practices.

DGE’s core competencies include:

- Community Medicine Training and Development Program
- Employee wellness program design and management
- Health promotion and education
- Health program research and analytics
- Health program training and development
- Health program monitoring and evaluation

Community Medicine Training and Development Program

DGE’s *Community Medicine Training and Development Program* supports health sciences undergraduate, graduate and professional school students from local colleges and universities who seek practice-based training experiences that cannot be attained in the traditional classroom setting.

DGE’s interprofessional approach provides each student with a 12-month field experience, led by senior-level community medicine and population health subject matter experts, who also serve as project mentors.

DGE’S CURRENT HEATH AND WELLNESS PROGRAMS

- **Get Checked. Get Fit. Get Moving!®**: A comprehensive, evidence-based protocol for promoting a healthier lifestyle.
- **The Wellness Plan Project**: A wellness program that includes point of care testing to improve health outcomes in as little as twelve weeks.
- **Food as Medicine**: Curriculum that targets specific chronic diseases through a customized “prescribed” diet to improve health outcomes.
- **Health Communication and Media Project**: iHeartMedia, WVUE-TV, and other local radio, print and in-person health and wellness events to educate viewers and listeners about COVID-19, and to promote healthier living.
- **Webinars/Seminars**: DGE promotes healthier lifestyle choices through YouTube videos, and live and recorded webinars.

EDUCATION

University of Notre Dame

South Bend, Indiana
Bachelor of Arts in English 1992

Tulane University School of Medicine

New Orleans, Louisiana
Doctor of Medicine 1996

Tulane University School of Medicine

New Orleans, Louisiana
Transitional Residency Program,
Family and Community Medicine 1997

RELEVANT EXPERIENCE

Tulane University

School of Public Health and Tropical Medicine

Adjunct Assistant Professor
Department of Global Community Health
and Behavioral Science

Access Health Louisiana

Director of Community Medicine

Xavier University of Louisiana

College of Pharmacy Health and Wellness Center

Community Medicine Preventive Health Advisor

STEM NOLA

Director of Life Sciences

Fox 8 WVUE-TV News

On Air Health Educator/Contributor

LSU School of Medicine

Assistant Professor
Office of Diversity and Community Engagement

CONTACT INFORMATION

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